

Drinks & Snacks

Freshly Brewed Coffees & Teas.

Fruit Smoothies, Milk Shakes
& Cold Drinks.

Home baking, Cakes,
Confectionery & Crisps

Available from servery

Pre-order for collection

Avoid a wait preorder your food

♥ Healthier alternative
options available

Cafe open to public and
non-members

This area can also be used
by groups and societies with
prior notification

Outside Catering also available
www.freshtasty.co.uk



Café Menu

sit-in or take-away



Café c/o Prestwick Tennis and Fitness,
1 Whinfield Place, Prestwick KA9 2TS
Tel: 07502 248245



Café Menu

sit-in or take-away

Place your order at counter & Collect your cutlery & condiments

Hot Filled Rolls

Bacon	£4.20
Tasty Thick Sliced Sausage	£4.10
Pork Link Sausage	£4.10
Stornoway Black Pudding	£4.10
Scrambled Egg Roll ♥	£4.00
Potato Scone x 2	£3.80
Fried Egg Roll	£3.50
Extra item to your Filled Roll	
Extra Item Egg, Pot Scone	£1.70
Extra Link Sausages, Slice,	£2.40
Bacon 2 Slices	£2.60

French Toast / Toast

French Toast with Maple Syrup	£6.00
2 Slice of Bloomer Bread Toasted & Butter/Jam	£3.20

Eggs on Toast

Poached Eggs x 2 on Toasted Bloomer ♥	£5.40
Scrambled Eggs x 2 on Toasted Bloomer ♥	£5.40

Home Made Soup

Soups of the Day ♥ (See our Board)	£4.40
Thick Cut Bloomer Bread or Roll with Butter	£1.00

Souper Deals

Soup & Sandwich	Only £9.60
Soup of the Day ♥ with any Sandwich of your choice (Saving 80p off Menu Price)	
Soup & Toastie	Only £9.75
Soup of the Day ♥ with any Toasted Sandwich (Saving 90p off Menu Price)	
Soup & Panini	Only £10.90
Soup of the Day with any Toasted Panini (Saving £1 off Menu Price)	

Sandwiches

Thick Bloomer Breads ♥ (White or Brown)	£5.20
Selection of Fillings Available Daily: - Ham, Cheese, Tuna & Chicken. With Salad on request.	

Panini & Toasties

Freshly Toasted Panini ♥	£6.50
Freshly Toasted Bloomer Bread ♥	£6.25
Add Mixed Salad & Coleslaw extra ♥	£2.40
Fillings: - (Cheese & Tomato, Onion, Pickle) Ham, Tuna Melt, Chicken, BBQ Chicken, Sweet Chilli Chicken or Cajun Chicken.	

Fish Section

Whole Tail Scampi ♥	£8.50
(8 per portion) (Coleslaw & Salad)	
Fries extra	£2.00

Burgers

1/4lb Cheese Burger with Salad	£6.35
(Add Bacon or Make it a Double Burger for only an extra £1.70 each)	
Southern Fried Chicken Fillet Burger (Crisp Lettuce & Creamy Mayo)	£6.35

Omelette Station

3 Egg Omelette with Cheese & Choice of Fillings ♥	£6.00
(add more Eggs additional £1.50 each)	
(add Chicken, Bacon, Ham extra £2.25)	
(add Mixed Salad & Coleslaw extra £2.25)	

Seasonal Salad

Build your own ask a member of staff for choices	From £5.50
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Café Menu

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Baked Potatoes

With one filling ♥	£6.90
(additional filling Chicken, Bacon, Ham, Tuna, (add Mixed Salad & Coleslaw extra £2.25)	

Mozzarella Sticks and Fries

Mozzarella Sticks (6 per portion)	£4.50
Salt & Chilli Chips	£4.30
All above served with choice of Dipping Sauce (Sour Cream, Salsa, BBQ or Sweet Chilli Sauce)	
Chips & Curry Sauce	£4.70
Chips Bowl	£3.65
Chips Side	£3.00

Rice Bowl Or Noodle Bowl

Choice of the following, Chicken, Crispy Chicken, or Crispy Prawn, Stir-Fried with Peppers & Onions ♥	£7.45
(with choice of Sauce – Sweet Chilli, BBQ or Teriyaki)	

Thin & Crispy Pizza Tortilla Base

Rich Tomato Sauce, Cheese and toppings of your choice	£4.75
(Pepperoni, Ham, Chicken, Cajun Chicken, Haggis, Prawn, Peppers, Onion, Tomato, Mushroom)	

Pasta Bowls

Spicy Arrabbiata (V) ♥	£7.00
Fresh Chopped Peppers, Onions & Tomatoes in a spicy tomato sauce. Topped with Cheese Served with Garlic Bread	
Creamy Cajun Chicken	£7.40
Chicken Breast Pieces, Cajun Spice, Peppers & onions in a rich Creamy Sauce. Served with Garlic Bread	

Tasty Warm Salad Wraps

Crispy Chicken Salad	£6.90
Crispy Coated Chicken, Lettuce, Tomatoes, Cucumber ♥ (with Mayo, S/Chilli, Teriyaki or BBQ Sauces)	
Crispy King Prawn Salad	£7.10
Crispy Coated King Prawns Lettuce, Tomatoes, Cucumber ♥ (with Mayo, S/Chilli, Teriyaki or BBQ Sauces)	

Tasty Hot Toasted Wraps

Sweet Chilli Crispy Chicken	£7.35
Crispy Coated Chicken, Sweet Chilli Sauce, Peppers, Red Onion, Sour Cream & Cheese	
BBQ Chicken	£7.35
Crispy Coated Chicken, BBQ Sauce, Peppers, Red Onion, Sour Cream & Cheese	
Chicken Chipotle 🌶️	£7.35
Crispy Coated Chicken, Chipotle Sauce, Peppers, Red Onion, Sour Cream & Cheese	
Creamy Cajun Chicken	£7.45
Chicken cooked in Cajun Spice Cream, Peppers, Red Onion & Cheese	
Sweet Chilli King Prawn	£7.45
Crispy Coated Prawns, Sweet Chilli Sauce, Peppers, Red Onion, Sour Cream & Cheese	

Curry Sauce Dishes

Crispy Coated Chicken and Curry Sauce Served on Rice	£7.45
Chicken Curry with Onions and Peas served with Rice	£7.45
Chips & Curry Sauce	£4.85

Children's Meals

Hot Dog	£5.25
Chicken Nuggets	£5.25
Fish Fingers	£5.25
Add fries for extra	£2.75

♥ = Healthier alternative options available.