Drinks & Snacks

Freshly Brewed Coffees & Teas.
Fruit Smoothies, Milk Shakes
& Cold Drinks.

Home baking, Cakes, Confectionery & Crisps Available from servery

Pre-order for collection

Avoid a wait preorder your food

Healthier alternative

Cafe open to public and non-members

This area can also be used by groups and societies with prior notification

Outside Catering also available www.freshtasty.co.uk

















Café c/o Prestwick Tennis and Fitness, 1 Whinfeild Place, Prestwick KA9 2TS Tel: 07502 248245













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Hot Filled Rolls

Bacon	£3.70
Tasty Thick Sliced Sausage	£3.65
Pork Link Sausage	£3.65
Stornoway Black Pudding	£3.60
Haggis	£3.60
Scrambled Egg Roll	£3.40
Potato Scone x 2	£3.20
Fried Egg Roll	£3.10
Extra item to your Filled Roll	
Extra Item Egg, Pot Scone	£1.25
Extra Link Sausages, Slice,	
Black Pudding or Haggis	£2.00
Bacon	£2.20

Toast 🥔

2 Slice of Bloomer Bread	
Toasted & Butter/Jam	£2.85

Eggs on Toast

Poached Eggs x 2 on Toasted Bloomer	£4.75
Scrambled Eggs x 2 on Toasted Bloomer	£4.75

Home Made Soup

Soups of the Day (See our Board)	£4.15
Thick Cut Bloomer Bread	
or Pall with Butter	≇ ∩ 9 5

Souper Deals

Soup & Sandwich	Only £8.00
Soup of the Day with any	Sandwich of your choice
(Saving 80p off Menu Price)	

Soup & Toastie	Only £8.90
Soup of the Day with any	

Soup & Panini	Only £9.00
Soup of the Day with any Toasted Panini	
(Saving £1 off Menu Price)	

Sandwiches @

Thick Bloomer Breads	(White or	Brown)	£4.75
Selection of Fillings Available [Daily: - Ham	, Cheese,	
Tuna & Chicken. With Salad or	requested.		

Panini & Toasties

Freshly Toasted Panini 🧡	£5.8
Freshly Toasted Bloomer Bread	£5.6
Add Mixed Salad & Coleslaw extra	£1.90
Fillings: - (Cheese & Tomato, Onion, Pickle) Ham, Tuna Melt, Chicken, BBQ Chicken, Sweet Chilli C or Cajun Chicken.	

Fish Section

Whole Tail Scampi	£8.00
(8 per portion) (Coleslaw & Salad)	
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Baked Potatoes

With one filling	£6.25
(additional filling Chicken, Bacon, Ham, Tuna,	
(add Mixed Salad & Coleslaw extra £2.00)	

Mozzarella Sticks and Fries

Mozzarella Sticks (6 per portion)	£4.10
Salt & Chilli Chips	£3.95
All above served with choice of Dipping Sauce	
(Sour Cream, Salsa, BBQ or Sweet Chilli Sauce)	
Chips Bowl	£3.30
Chine Side	£9.50

Tasty Warm Salad Wraps 🥜

Crispy Chicken Salad	£6.35
Crispy Coated Chicken, Lettuce, Tomatoes	, Cucumber 🤛
(with Mayo, S/Chilli, Teriyaki or BBQ Sau	uces)

Crispy King Prawn Salad	£6.55
Crispy Coated King Prawns Lettuce, Tomatoes,	Cucumber 💮
(with Mayo, S/Chilli, Teriyaki or BBQ Sauces)	

Tasty Hot Toasted Wraps

Sweet Chilli Crispy Chicken	£6.6
Crispy Coated Chicken, Sweet Chilli Sauce,	Peppers,
Red Onion, Sour Cream & Cheese	
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BBQ Chicken	£6.65
Crispy Coated Chicken, BBQ Sauce, Peppers,	
Red Onion, Sour Cream & Cheese	

Chicken Chipotle 🍑	£6.6
Crispy Coated Chicken, Chipotle Sauce, Peppers,	
Red Onion, Sour Cream & Cheese	

Creamy Cajun Chicken	£6.7
Chicken cooked in Cajun Spice Cream, Peppers,	
Red Onion & Cheese	

Sweet Chilli King Prawn	£6.
Crispy Coated Prawns, Sweet Chilli Sauce, Peppers,	
Red Onion, Sour Cream & Cheese	

Burgers 6

1/41b Cheese Burger with Salad	£5.75
(Add Bacon or Make it a Double Burger for only	
an extra £1.70 each)	

Southern Fired Chicken Fillet Burger	
(Crisp Lettuce & Creamy Mayo)	£5.75

Omelette Station

3 Egg Omelette with Cheese

(add more Eggs additional £1.50 each)

(add Chicken, Bacon, Ham extra £2.25)
(add Mixed Salad & Coleslaw extra £2.00)

& Choice of Fillings

(with choice of Sauce – Sweet Chilli, BBQ or Teriyaki) Thin & Crispy Pizza Tortilla Base

Crispy Chicken, King Prawns or Crispy Prawn,

Rice Bowl Or Noodle Bowl

Choice of the following, Chicken,

Stir-Fried with Peppers & Onions



Pasta Bowls

£5.40

Spicy Arrabbiata (V)	£6.50
Fresh Chopped Peppers, Onions & Tomat	oes in a spicy
tomato sauce. Topped with Cheese Served	d with Garlic Bread
Creamy Cajun Chicken	£6.75
Chicken Beast Pieces, Cajun Spice, Peppe	ers & onions
in a rich Creamy Sauce. Served with Garli	ic Bread

Curry Sauce Dishes

Crispy Coated Chicken and Curry Sauce Served on Rice	£6.75
Chicken Curry with Onions and Peas served with Rice	£6.75
Chips & Curry Sauce	£4.40

Children's Meals

Hot Dog	£4.75
Chicken Nuggets	£4.75
Fish Fingers	£4.75
Add fries for extra £2.25	

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£6.85